PANCAKES



INGREDIENTS	QUANTITIES (g)	PERCENTAGES (%)
Flour	300	27,5
Oil	40	3,7
Milk or almond milk	600	55,0
Yumgo WHOLE POWDER	20	1,8
Water (to hydrate the powder)	130	11,9
Total	1090	100,0



PROCESS

- Mix the flour and the Whole Yumgo powder.
- Add water, oil and mix.
- Gradually add the milk and mix everything together.
- Heat a non-stick pan and lightly oil it.
- Pour a ladle of batter, distribute it in the pan and wait for it to be cooked on one side before turning it over.
- Cook all the pancakes over low heat.



TIPS

 To have a plant based recipe you can use plant based milk.